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**PERMISSION FORM FOR THE NORMATIVE MALE ALEXITHYMIA SCALE (NMAS)  
AND THE ALEXITHYMIA REDUCTION TREATMENT MANUAL (ART)**

Name:	
Address:	
City, State, Zip	
Email Address:	
Phone:	
Fax:	

1. I plan to administer:     **NMAS**  
    **ART**

2. Please circle one: **Group format** **Individual format**

3.. Please briefly describe your project (use reverse side if necessary).

3. How many participants will participate? \_\_\_\_\_

4. If this is a master's thesis or doctoral dissertation, who is supervising the research?

Name:	
Address:	
City, State, Zip	
Email Address:	
Phone:	
Fax:	

I agree to send the results to Dr. Ronald Levant to be included in any future reviews on ART. This means sending me copies of the thesis, dissertation, convention presentation, and submitted or published journal article that describes the research's rationale, methods, results, and discussion.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Retain one copy of this form, and return one to Ronald Levant at the address on the letterhead.

**References:**

*Reprints of refereed journal articles and book chapters and purchase of Videos/DVD's listed below may be requested by writing to [Levant@uakron.edu](mailto:Levant@uakron.edu)*

Levant, R. F. (2001). Desperately seeking language: Understanding, assessing and treating normative male alexithymia. In G. R. Brooks and G. Good (Eds). *The new handbook of counseling and psychotherapy for men*. (Vol. 1, pp. 424-443). San Francisco: Jossey-Bass.

Levant, R.F., Good, G. E., Cook, S., O'Neil, J., Smalley, K. B., Owen, K. A., & Richmond, K. (2006). Validation of the Normative Male Alexithymia Scale: Measurement of a gender-linked syndrome. *Psychology of Men and Masculinity*, 7, 212-224.

Levant, R. F., Hall, R. J., Williams, C. & Hasan, N. T. (2009). Gender differences in alexithymia: A Meta-Analysis. *Psychology of Men and Masculinity*, 10, 190-203.

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